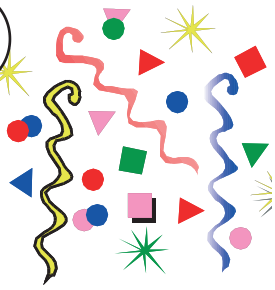


4



SAYING NO!

ILLEGAL DRUGS:

DRUGS COVERED BY THE MISUSE OF DRUGS ACT

CHAIRPERSON'S PLAN

Opening prayer

Bible verses

Praise Time

Offering

Illegal Drugs

Chain prayer

Sing

Benediction

next week's jobs

To Prepare

Praise Leader: Choose hymns showing that we are loved and valued. *Be yourself with Jesus.*

JP 153 Live, live, live

JP 42 Father, I place into your hands MP 133

JP 70 Happiness is to know the Saviour

JP 86 I am trusting you Lord Jesus

JP 161 Make me a channel of your peace

JP 239 The greatest thing in all my life MP 464

JP 472 The Spirit lives to set us free MP 664

JP 325 Come on and celebrate MP 99

JP 180 Oh,Oh,Oh, how good is the Lord MP 532

I am a new creation MP 532

Illegal Drugs: As the drug scene is constantly changing, contact your Community Policeman and ask him to talk to the Juniors, or, contact agencies or websites for information and visual aids.



Programme

Galatians 5: 16 Let the Spirit direct your lives, and you will not satisfy the desires of the human nature.

1 Corinthians 6:19,20 Don't you know that your body is the temple of the Holy Spirit, who lives in you and was given to you by God? You do not belong to yourselves but to God; He bought you for a price. So use your bodies for God's glory.

1 Corinthians 10:23 "We are allowed to do anything," so they say. That is true, but not everything is good. "We are allowed to do any thing" - but not everything is helpful.

More young people are using drugs.
It is starting at a younger age.
A wider range of drugs are available

REMEMBER! Effects depend on and may change according to:

THE DRUG: purity, method of use, quality, what it is mixed with

THE PERSON: tolerance, physical stature, gender, mood

THE SITUATION: where you are and who you are with

- Illegal drugs come in many different forms and the drug scene is continually changing.
- No youngster wants to feel left out of the in-crowd. Peer pressure can be great.
- We (adults) find it difficult to talk about drugs because we don't understand what many of the substances are and they were not around when we were the same age.
- Children might take a drug and not even realize what, exactly, they are taking. Someone at a party may say that it is OK.
- What do you do if you find drugs litter e.g. syringes, tin foil, cans and tubes?

ADDICTION A strong craving to regularly take a drug. You are **DEPENDENT**.

ALCOHOLIC A person who is dependent on drinking.

DRUNKARD A person who is often drunk.

OVERDOSE Taking too much of a drug. With some drugs (like heroin and alcohol) this can seriously harm the body and even result in death.

TOLERANCE When the body adapts to regular use of certain drugs and greater quantities may be needed to get the same effect.

WITHDRAWAL When someone shakes, sweats, vomits or has flu like symptoms because their body is physically dependent on a drug and needs a repeat dose.