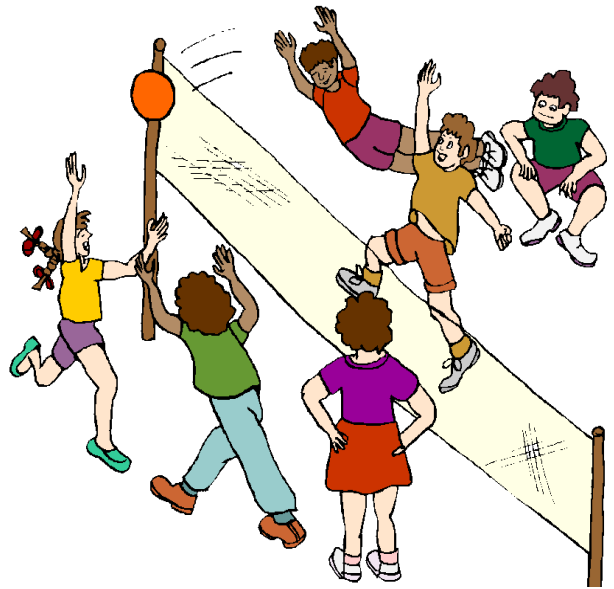


1. BODIES



Music

Begin with some games. The following games are all chosen because they depend on different parts of the body. Do not make a point of this now as you want the children to discover this later.

To get into teams of about 6-10, decide on how many teams you can make, then number the children according to that number e.g. for 3 teams with 18 children count round the children 1,2,3,1,2,3,.

This gives three teams of six without any favouritism and the grasping of friends.

Hand Game (Requires a ball)

Teams line up one behind the other. The first person steps forward and turns round to face the team as the 'thrower'. S/he throws the ball to the first team member who catches the ball, throws it back then crouches down. The 'thrower' then throws the ball to the second person who catches the ball, throws it back then crouches down, etc.. The 'thrower' goes to the end of the line when s/he has thrown to the whole team, and the game continues with number two as the new 'thrower'. Teams all sit quietly when completed. Award points or prizes.

Feet Game

Simple relays: each person takes it in turn to run to a fixed point and return to the team to touch the next player. Repeat with hopping and jumping relays. Teams all sit quietly when completed. Award points or prizes.

Ear Game

All children sit quietly together. One person is chosen to stand apart from the others with his/her back to the group. Leader then points to a child who creeps up behind "it" and says, in a disguised voice, "Christian Endeavour" and then returns to his/her position. "It" then turns round and is allowed two guesses as to the owner of the voice. If s/he is correct, s/he may have another turn. If s/he is wrong, the person who spoke is the new "it".

Eye Game

All sit in a circle. Make sure all the children have been introduced to each other and they know their names. One person is chosen to stand in the centre and close his/her eyes. Leader points to another child who then quietly leaves the room. "It" then opens his/her eyes and has to guess the name of the missing person within 10 seconds. This can be made more difficult, if the children all change places while the child is leaving the room. All have a turn of being "it".

Stay in your circle, if it is not too big, and continue with the programme.

Discuss

Which parts of the body were used? Would all children be able to play these games easily? Do children know others who have a disability?

Pray

Thank you, God, for healthy bodies. We can all run, jump, throw, catch, listen, look, and laugh. Thank you for the teachers who help others who find these things difficult to do. Amen.

Sing

The following songs are from *Junior Praise*. Other songs may be chosen with a theme of bodies and thankfulness. Plan before the meeting what you want to sing together. Be confident as you lead. Enjoy it with the children!

- | | |
|-----------------------------|-----------------------------------|
| 33. Come to Jesus | 134. Jesus' hands were kind hands |
| 26. Clap your hands (round) | 90. I can run through a troop |
| 262. Two little eyes | |

Teach

Talk about team games e.g. football and netball. In these games, each member has a different part to play, a special role. We are all needed to work in our Christian Endeavour Group as a team. We all have a part to play.

Read 1 Corinthians 12: 14-28 (page) This reading has a comic strip appeal to it as each part of the body talks to one another, but all the parts are needed to make the body work properly.

Pray

Thank you , God, that you have made us all different from each other. Help us to work together and help each other. Keep us safe, we ask you, till we meet again. Amen.

Sing

JP 240. The joy of the Lord is my strength

FOR NEXT WEEK

Before you dismiss, choose someone to practise the Bible reading at home (check if they need to borrow one, or, type out the passage beforehand), so that s/he can read the Bible reading next week.

Luke 5: 17-26

If your Group is large, or your children are confident, try choosing three children who can get together before next week and practise reading the passage as 'narrator', 'Jesus' and 'teachers of the law'.